



UMS WRIGHT PREP

MIDDLE & UPPER SCHOOL LUNCH
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Beef Tips White Rice Squash Roasted Broccoli Dinner Roll	Homemade Italian Meat Balls Pasta Marinara Green Beans Oven Roasted Potatoes Yeast Roll	Chicken Spaghetti Field Peas Wild Rice Blacken Chicken Roll	Fried Chicken Mac & Cheese Chef Veg. Med Cheese Rolls	Fried Fish Blackened Fish Potato Salad Fried Pickles Hushpuppies
WEEK 2	Red Beans & Rice Green Beans Sweet Carrots Garlic Bread	Pot Roast Rice Black Eye Peas Corn Bread	Smothered Pork Chop Bacon Mashed Potatoes Lima Beans Chef Vegetable Roll	Pull Pork Twice Bake Potatoes Baked Bean Coleslaw Roll	Fried Fish Herd Roasted Fish Garlic Seasoned Rice Broccolini Sauteed Carrots Yeast Roll
WEEK 3	Chicken And Sausage Jambalaya Fried Okra Chef Veg. Corn Bread	Chicken Parmesan Fettuccine Green Beans Gallic Bread Roll	Stuffed Pork Loin Rice Pilaf Green Beans House Rolls	Smoked Ribs Mac & Cheese Coleslaw House Roll	Fried Fish Blackened Fish Dirty Rice Fried Okra Roasted Corn Hushpuppies
WEEK 4	Homestyle Meatloaf Mash Potato Roast Brussels Roll	Smoke Chicken Fettuccine Alfredo Sauté Spinach	Hamburger Steak Mash Potatoes Green Beans Roll	Lemon Pepper Chicken Rice Pilaf Broccoli Sauté Squashed Cheese Roll	Fried Fish Baked Fish Cheese Grits Green Beans Hush Puppies
WEEK 5	Red Beans & Rice Green Beans Sweet Carrots Garlic Bread	Swedish Meatballs Herd Rice Collard Greens Cornbread	Country Fried Steak Mashed Potato Chef Vegetable Cheese Roll	Smoke Chicken Mac & Cheese Chef Veg. Cheese Rolls	Fried Fish Herd Roasted Fish Garlic Seasoned Rice Broccolini Sauteed Carrots Yeast Roll

Food Service Director : Rhodine Davis

Email: rhodine.davis@Elior-na.com

Menu is subject to change

